



# USA WEIGHTLIFTING

## SCORESHEET

1 Olyn  
Colorado Springs, C

**Competition:** 2014 CT State LWC Championships

**Location:** (city, state) Hartford, CT, Trinity College

**Date:** 11/23/2014

**Group:** CT LWC

**Sanction #:** 2 14 22

Lot No.	Gnd	Member ID	Div	Wt Class	Name (Please print legibly)	Year of Birth	Age	Team	Body Wt	Snatch			Best	Clean & Jerk			Best C&J	Total	Place	Sinclair
										1	2	3	Sna	1	2	3				
<b>ALL WOMEN Weighin 7:30-8:30am, Lift 9:30-noon</b>																				
3	F	203431	W35	48	Heather Nimsger	1977	37	Team CT.	47.04	41	44	46x	44	55	61	67x	61	105	1	175.226
7	F	176332	J	48	Allyson Johnson	2004	10	Team CT.	47.27	15	16	17	17	22	24	26	26	43	3	71.4478
15	F	202250	J	48	Brin Battisti	2000	14	Unattached	46.6	23	28x	30	30	28	33x	38	38	68	2	114.44
24	F	187024	W35	53	Riky Jakobsohn	1976	38	Team CT.	49.03	39	41	45	45	52	54	56	56	101	1	162.534
17	F	195100	J	63	Alexa Duffy	1994	20	SHU	59.04	43	47	50	50	53	57	59x	57	107	1	148.719
6	F	195852		63	Sarah Rezek	1993	21	SHU	60.88	30	35	40	40	45	50	54x	50	90	2	122.415
4	F	203325		63	Melanie Grucci	1991	23	Team CT.	60.7	40x	40x	40x	-	45	49	53	53	x		x
24	F	196185	W35	69	Emily O'Hearn	1979	35	Team CT.	64.49	38	42	45x	42	55	60	64	64	106		138.72
14	F	203551		69	Katrina LaClair	1983	31	Unattached	63.35	52	57x	57	57	75	79	84x	79	136	2	180.07
25	F	198953		69	Courtney Sims	1987	27	Team CT.	67.91	60	64	68x	64	71x	73	76	76	140	1	177.37
5	F	203440		69	Devon Cole	1990	24	New Haven WLC	68.85	55	58	60x	58	73	78	81x	78	136	3	170.882
1	F	202046		69	Cecily Yeager	1987	27	Hartford BBC	64.84	39	42	45x	42	48	52	55x	52	94		122.586
12	F	193171		69	Stephanie Barry	1986	28	Hartford BBC	63.18	45	48	52	52	56	62	65	65	117		155.189
13	F	201838		69	Kyla Anderson	1990	24	Hartford BBC	68.57	50	54	58x	54	59	65x	67	67	121		152.406
21	F	182250		75	Bonnie Kilis	1988	26	SHU	73.07	65	69	71	71	85x	87	91	91	162	2	196.725
8	F	198929		75	Carolyn Proulx	1987	27	Unattached	74.21	75	80	85x	80	90	95	100	100	180	1	216.75
22	F	192705	W35	75	Denise Roby	1976	38	Team CT.	69.75	48	52x	52	52	70	75x	75	75	127	3	158.353
10	F	203560		75	Jillian Malicki	1986	28	Hartford BBC	72.77	45	48x	55x	45	65	68	74x	68	113		137.534
16	F	170900	W45	75	Cindy Briggs	1965	49	Unattached	74.97	48	51	53x	51	66	68	70	70	121		144.913
18	F	204495	J	75	Alexandra DiRaimo	1995	19	SHU	74.6	40	44	48x	44	55	60	65x	60	104		124.882
9	F	203604		75+	Andrea Migliori	1987	27	Hartford BBC	88.58	58	62	68x	62	75	80x	86x	75	137	3	151.824
2	F	175323		75+	Katherine Goodrich	1984	30	Team CT.	82.89	60	64	67	67	80	83	86x	83	150	1	171
11	F	202585		75+	Danielle Colosimo	1984	30	Team CT.	89.86	56x	56	61	61	77	82x	82	82	143	2	157.579
19	F	195083		75+	Lindsay O'Donnell	1982	32	Unattached	93.84	47	51x	54	54	60	64x	66x	60	114		123.613
20	F	196360		75+	Margaret Battisti	1981	33	Unattached	81.35	33	38x	40x	33	50	55	60x	55	88		101.188
23	F	195323	W45	75+	Vivian Dawson	1967	47	Team CT.	115.65	50	54	58	58	70	77	86x	77	135		138.243

MEN SESSION 1, 56-85 kg Weighin 10:00-11:00am, lift Noon -3:30pm.																				
1	M	202576	J	62	Adyel Duran	1995	19	SHU	61.37	55	60	64x	60	75	80	85x	80	140	2	203.962
2	M	196694		62	Aj Birmingham	1991	23	Unattached	61.86	80	84	88x	84	100	105x	106	106	190	1	275.23
4	M	202400	J	69	Zach Chilelli	1995	19	SHU	62.56	58	63x	63	63	80	85	88x	85	148	1	212.681
3	M	204701		69	Ryan Gillette	1988	26	Hartford BBC	66.55	46	52	59x	52	70	77	82	82	134	2	184.566
5	M	199616		77	Liam Fay	1992	22	Team CT.	74.58	110	120	127	127	120	130	140x	130	257	1	329.639
8	M	189218		77	Juan Russo	1992	22	Hartford BBC	76.9	93	97	102	102	115	120	125x	120	222	2	279.771
6	M	189141		77	Josh Kaplan	1984	30	Hartford BBC	76.33	80x	82	86x	82	106	112	121	121	203	3	256.909
7	M	160408		77	Richard Baines	1986	28	Team CT.	75.09	62	66	70	70	85	90	95	95	165		210.796
9	M	202738		77	Justin Flores	1987	27	Team CT.	76.58	55	60	65	65	75	80	85	85	150		189.481
17	M	182226	J	85	Carlo Fiore	1994	20	SHU	83.64	115	120	122	122	141	148	153x	148	270	1	325.28
10	M	190310		85	Andrew Cost	1985	29	Hartford BBC	82.12	100	110	120x	110	130	135	140	140	250	2	304.034
13	M	189091		85	Ben Norland	1984	30	Hartford BBC	84.34	98	103	107	107	123	130	136	136	243	3	291.524
11	M	159077		85	Russ Zito	1986	28	Team CT.	83.83	100	106	112x	106	125	130	135	135	241		290.009
21	M	196710		85	Michael Srokowski	1989	25	Unattached	84.35	100	105x	105x	100	130	135	141	141	241		289.108
16	M	195062	J	85	Daniel Lynch	1994	20	SHU	81.2	105	110x	111	111	120	125	132x	125	236		288.706
14	M	182358		85	Aaron Poach	1986	28	New Haven WLC	81.9	98	102x	102	102	125	130x	130	130	232		282.537
12	M	198433		85	Oskar Toro	1988	26	Team CT.	80.87	88	92x	95	95	123	127	130x	127	222		272.164
15	M	189846	J	85	John Varsam	1994	20	SHU	82.97	97	101	105x	101	117	121	125x	121	222		268.551
23	M	174599		85	Steven Raboin	1981	33	Hartford BBC	82.57	95x	95x	95	95	116	120	125	125	220		266.794
25	M	202581	M40	85	Ireneusz Dabrowski	1971	43	Unattached	80.46	85	90	92x	90	125	130x	130x	125	215		264.296
24	M	183556		85	Adam Howard	1984	30	Unattached	81.94	88	93	98	98	115	125x	127x	115	213		259.333
19	M	199310		85	Trevor Brunelle	1990	24	Hartford BBC	84.12	82x	82	88x	82	109	112	119x	112	194		233.045
22	M	203454		85	Noah Ottenstein	1987	27	Unattached	83.42	70	75x	77x	70	116	120	125x	120	190		229.207
18	M	202239		85	Shabrielee Matias	1990	24	Hartford BBC	84.05	70	75x	76	76	93	97	103x	97	173		207.906
20	M	204312		85	Sam Dalena	1990	24	Hartford BBC	83.63	61	66	70	70	93	97x	98	98	168		202.408
26	M	166560	M50	85	Lawrence Cook	1960	54	Team CT.	84.1	55	60	62x	60	85	90	93x	90	150		180.211

<b>MENS SESSION 2, 94-105+, Weighin 1:30-2:30pm, lift 3:30-7:00pm</b>																				
6	M	155408		94	Thomas Sullivan	1986	28	Team CT.	89.1	118x	120x	120	120	155x	155	166x	155	275	1	321.293
3	M	198986		94	Chris Amaral	1987	27	Triton WLC.	89.41	110	115	119x	115	130	137	145	145	260	2	303.281
1	M	188776		94	Mark Balkun	1985	29	Hartford BBC	91.65	113x	113	120x	113	132	135x	140x	132	245	3	282.602
9	M	125986	M35	94	Joel Quintong	1979	35	SHU	92	95	102	105x	102	121	126	128x	126	228		262.55
8	M	183106		94	Timothy Clark	1984	30	Hartford BBC	89.54	95	97	102	102	108	112	118	118	220		256.45
4	M	182355	M35	94	Eric Jan	1975	39	Team CT.	91.12	96x	96	100x	96	120	125x	126x	120	216		249.797
12	M	175185		94	John Durrett	1988	26	Hartford BBC	93.22	90	95x	98x	90	115	120	128x	120	210		240.435
10	M	662	M50	94	Stephen Powell	1960	54	Team CT.	93.21	82	86	89	89	105	109	112	112	201		230.141
2	M	182495		94	Michael Edelen	1984	30	Team CT.	93.91	85	90x	90x	85	100	105x	105x	100	185		211.142
5	M	204507		94	Nick Marano	1982	32	Unattached	85.27	78x	78	84x	78	100	105x	105	105	183		218.349
11	M	191060		94	Matt Grocki	1980	34	Hartford BBC	89.21	70	75x	75	75	90	95	102x	95	170		198.504
7	M	193343		94	Andrew Morse	1993	21	Un	92.85	100x	102x	102x	-	w/d			0	-		-
18	M	168508		105	Bart Smarkucki	1988	26	SHU	101.3	125x	125	131x	125	155	162	166	166	291	1	322.149
14	M	177166		105	Andrew Romeo	1985	29	Team CT.	102	115	120x	120x	115	137	1	141	141	256	2	282.739
17	M	202434		105	Chris Lesmes	1982	32	Team CT.	99.45	105	110	114x	110	130	135	140	140	250	3	278.743
15	M	190075		105	Rene Cevallos	1984	30	Team CT.	97.52	100	105x	108	108	130	135	140x	135	243		273.04
16	M	202564		105	Johnpaul Signore	1981	33	Unattached	98.59	75	80x	80x	75	100	105	110	110	185		206.97
13	M	2025	M75	105	Neal Mulligan	1939	75	Unattached	103.3	53	58	pass	58	70	75	80x	75	133		146.197
21	M	162873		105+	Eric Brandom	1985	29	Team CT.	106	110	115	120	120	140	145x	145x	140	260	1	283.212
19	M	197431	J	105+	Luis Diaz	1995	19	Team CT.	114.8	98	103	108	108	135	140	145x	140	248	2	263.398
20	M	200497		105+	Edward Williams	1980	34	Unattached	111	90	95	102	102	120x	120	127	127	229	3	245.706
22	M	189299	J	105+	Shaun Sullivan	1994	20	SHU	133.3	85	90	95x	90	110	115	120	120	210		215.297

**REFEREES** Bob Sweeney, Julie Miller, Dario del Puppo, Jim Fitzgibbon, Karen Jorgenson, G. Laxer.

**MEET DIRECTOR** Gary Valentine, M.A. USAV

**Announcers** Gary Valentine, Denis Reno. **Scorekeeper** Rachel Carlson  
**Timekeeper** Greg Laxer. Weighins Deband Dena Valentine, Joe Ridarelli, Robbie Parker  
**Loaders** Brian Swedrock, Luis Diaz, Rich Baines, Kathryn Goodrich.

**DATE** Nov 23 2014