# USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

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## SCORESHEET

**Competition:** 2017 Tri State Open **Location:** (city, state) Norwalk, CT.

2017 **Date:** 1.15.17 **Group:** CT LWC **Sanction #:** 60-17-59520

| Lot No. | Gndr | Member ID | Div | Wt Class | First Name | Last Name | Year of Birth | Age | Team | Body Wt | Snatch 1 | Snatch 2 | Snatch 3 | Best Sna | Clean & Jerk 1 | Clean & Jerk 2 | Clean & Jerk 3 | Best C&J | Total | Place | Sinclair | Age Sinclair |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | **Women** | | | | | | | | | | | | | | | | | | | | |
| 1 | F | 1007187 | | 63 | Sarah | Lennon | 1995 | 22 | Tech Valley | 61.57 | -64 | 64 | 67 | 67 | 78 | -83 | -83 | 78 | 145 | 1 | 195.7 | |
| 2 | F | 210729 | | 63 | Nicole | Patruno | 1995 | 22 | BFS | 61.74 | 60 | 63 | -65 | 63 | 77 | -80 | 80 | 80 | 143 | 2 | 192.6 | |
| 13 | F | 1015113 | | 53 | Gillian | Dennehy | 1992 | 25 | Unattached | 48.85 | 45 | 48 | -53 | 48 | 60 | -66 | 67 | 67 | 115 | 3 | 185.7 | |
| 10 | F | 200787 | | 69 | Sesely | Omli | 1996 | 21 | BFS | 68.36 | 62 | 64 | 67 | 67 | 76 | 80 | -87 | 80 | 147 | 4 | 185.5 | |
| 6 | F | 1011421 | J | 75 | Lauryn | Nutter | 1997 | 20 | Providence BC | 73.11 | -65 | 65 | 68 | 68 | 76 | 79 | 82 | 82 | 150 | 5 | 182.1 | |
| 9 | F | 1013185 | | 63 | Faith | Anker | 1990 | 27 | Northeast BC | 61.4 | 50 | 53 | -57 | 53 | 75 | 80 | -85 | 80 | 133 | 6 | 179.8 | |
| 3 | F | 130993 | W45 | 53 | Vanessa | Nicoletta | 1972 | 45 | WL Institute | 52.4 | 50 | 53 | 55 | 55 | 60 | 63 | -65 | 63 | 118 | 7 | 179.6 | 214.7 |
| 14 | F | 1005718 | | 53 | Emily | Glenn | 1985 | 32 | Northeast BC | 52.22 | 47 | -50 | 50 | 50 | 61 | -65 | -66 | 61 | 111 | 8 | 169.5 | |
| 2 | F | 201629 | | 75 | Madeleine | Foley | 1993 | 24 | NY Weightlifting | 74.62 | 59 | -61 | -61 | 59 | 78 | 81 | -84 | 81 | 140 | 9 | 168.1 | |
| 10 | F | 219053 | | 58 | Nicole | Nicolosi | 1988 | 29 | Westerley BB | 57.67 | 50 | -53 | -53 | 50 | 65 | 68 | -71 | 68 | 118 | 10 | 166.8 | |
| 13 | F | 182367 | W35 | 69 | Katherine | Barravechia | 1982 | 35 | NY Weightlifting | 65.4 | 50 | 54 | -57 | 54 | 67 | 70 | -73 | 70 | 124 | 11 | 160.8 | 172.4 |
| 8 | F | 1001454 | | 58 | Sara | Kaufman | 1985 | 32 | NY Weightlifting | 57.86 | 45 | 48 | -51 | 48 | 60 | 64 | -69 | 64 | 112 | 12 | 158 | |
| 4 | F | 1006185 | W35 | 90 | Gayge | Maggio | 1981 | 36 | Murder of Crows | 89.11 | 58 | -61 | -61 | 58 | 78 | -81 | 81 | 81 | 139 | 13 | 153.7 | 167 |
| 4 | F | 182251 | | 58 | Elizabeth | Mastrocola | 1993 | 24 | NY Weightlifting | 57.11 | 42 | -45 | 45 | 45 | 56 | 59 | -61 | 59 | 104 | 14 | 148.1 | |
| 1 | F | 1012481 | | 90+ | Ashley | Stewart | 1985 | 32 | Unattached | 123.4 | 57 | 61 | -67 | 61 | 71 | 78 | 85 | 85 | 146 | 15 | 147.9 | |
| 12 | F | 195471 | W40 | 90 | Dionne | Dunham | 1973 | 44 | 3E WL | 82.76 | 51 | 54 | 58 | 58 | 67 | 70 | pass | 70 | 128 | 16 | 146 | 172.7 |
| 15 | F | 1012634 | W35 | 69 | Missy | Jorczak | 1978 | 39 | Team CT. | 68.07 | 49 | 52 | -54 | 52 | 59 | 62 | -64 | 62 | 114 | 17 | 144.2 | 162.3 |
| 5 | F | 1011333 | | 90 | Averie | DeCarli | 1993 | 24 | Westerly Barbell | 78.02 | 45 | 52 | 58 | 58 | 63 | -67 | -68 | 63 | 121 | 18 | 142 | |
| 11 | F | 204602 | | 58 | Deborah | Leonti | 1988 | 29 | Northeast BC | 55.42 | 42 | -45 | -46 | 42 | 50 | 55 | -60 | 55 | 97 | 19 | 141.3 | |
| 5 | F | 217808 | W55 | 63 | Roberta | Mulder | 1959 | 58 | NY Weightlifting | 59.87 | 41 | 44 | 46 | 46 | 51 | 54 | 56 | 56 | 102 | 20 | 140.4 | 203.4 |
| 11 | F | 211634 | | 69 | Kayleigh | Collins | 1989 | 28 | Murder of Crows | 67.43 | 48 | 51 | -53 | 51 | 55 | 59 | -63 | 59 | 110 | 21 | 140 | |
| 6 | F | 216886 | | 63 | Jennifer | Benoit | 1983 | 34 | Providence BC | 62.61 | 45 | -48 | -50 | 45 | 54 | 57 | -60 | 57 | 102 | 22 | 136.1 | |
| 8 | F | 1013793 | | 69 | Charline | DaSilva | 1990 | 27 | Unattached | 64.55 | 36 | 38 | 43 | 43 | 54 | -57 | 61 | 61 | 104 | 23 | 136 | |
| 14 | F | 1006923 | | 90 | Kara | Summerson | 1989 | 28 | Unattached | 82.87 | 46 | 50 | -55 | 50 | 66 | 68 | -70 | 68 | 118 | 24 | 134.5 | |
| 7 | F | 1011232 | | 75 | Sophie | Kauderer | 1992 | 25 | Providence BC | 70.77 | 45 | 48 | -51 | 48 | 55 | 59 | -63 | 59 | 107 | 25 | 132.3 | |
| 3 | F | 200649 | W35 | 90 | Sara | Soto | 1981 | 36 | Murder of Crows | 76.6 | 48 | -50 | -50 | 48 | 60 | -63 | 63 | 63 | 111 | 26 | 131.5 | 142.9 |
| 9 | F | 1008364 | J | 69 | Meghan | Delisio | 2001 | 16 | Unattached | 66.02 | 34 | 39 | 41 | 41 | 50 | 55 | 60 | 60 | 101 | 27 | 130.2 | |
| 12 | F | 1007203 | | 48 | Madison | Michaud | 1994 | 23 | Westerly BC | 47.29 | 29 | 31 | 33 | 33 | 41 | 44 | -47 | 44 | 77 | 28 | 127.9 | |
| 16 | F | 217642 | W35 | 75 | Viviana | Podhaiski | 1979 | 38 | NY Weightlifting | 72.57 | 40 | 43 | -46 | 43 | 50 | 54 | 58 | 58 | 101 | 29 | 123.1 | 137 |

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| | | **Men** | | | | | | | | | | | | | | | | | | | | | | |
| 16 | M | 171708 | | 77 | Joshua | Straiton | 1992 | 25 | Danbury BC | 76.43 | 95 | 101 | 108 | 108 | 125 | -136 | 141 | 141 | 249 | 1 | 314.9 | |
| 1 | M | 159077 | | 85 | Steven | Zito | 1986 | 31 | Team CT. | 83.92 | -110 | 115 | -120 | 115 | 140 | 145 | -151 | 145 | 260 | 2 | 312.7 | |
| 3 | M | 1013113 | | 77 | Gjergji | Gogo | 1990 | 27 | NY Weightlifting | 76.26 | 100 | 105 | -110 | 105 | 135 | -140 | -145 | 135 | 240 | 3 | 303.9 | |
| 9 | M | 212748 | | 105+ | Matthew | Lee | 1988 | 29 | Northeast BC | 114.5 | 115 | -120 | 120 | 120 | 145 | 152 | -160 | 152 | 272 | 4 | 289.1 | |
| 8 | M | 1013948 | J | 85 | Riley | Martin | 1998 | 19 | Tech Valley | 79.44 | 92 | 95 | 103 | 103 | 112 | 130 | -137 | 130 | 233 | 5 | 288.4 | |
| 5 | M | 1014515 | | 77 | Frank | Rodriguez | 1987 | 30 | Unattached | 76.43 | 90 | 95 | -100 | 95 | -130 | 130 | -132 | 130 | 225 | 6 | 284.5 | |
| 2 | M | 1014372 | | 85 | Jonathan | Morales | 1995 | 22 | Iron Will WLC | 83.84 | -96 | 96 | 100 | 100 | 125 | 131 | 136 | 136 | 236 | 7 | 284 | |
| 16 | M | 198704 | | 94 | Ryan | Staples | 1991 | 26 | Team CT. | 87.79 | 103 | -108 | 108 | 108 | -128 | 128 | -133 | 128 | 236 | 8 | 277.6 | |
| 1 | M | 212734 | | 77 | Raymond | Roldan | 1989 | 28 | Northeast BC | 76.89 | 95 | -100 | 100 | 100 | 120 | -125 | -130 | 120 | 220 | 9 | 277.3 | |
| 14 | M | 1015386 | | 105+ | Daniel | Josloff | 1995 | 22 | Westerly BC | 106.3 | 101 | 106 | 112 | 112 | 140 | -145 | -145 | 140 | 252 | 10 | 274.3 | |
| 7 | M | 1013880 | | 85 | Kody | Kowalowski | 1987 | 30 | Tech Valley | 82.29 | 95 | -105 | 105 | 105 | 105 | 120 | -130 | 120 | 225 | 11 | 273.3 | |
| 17 | M | 212404 | | 105 | Patrick | Kennedy | 1985 | 32 | Westerly BC | 103.4 | 101 | 105 | 110 | 110 | 133 | 138 | -143 | 138 | 248 | 12 | 272.6 | |
| 12 | M | 1014174 | | 62 | Cody | Dyer | 1991 | 26 | Unattached | 60.44 | -80 | 80 | 85 | 85 | 100 | -103 | -105 | 100 | 185 | 13 | 272.5 | |
| 3 | M | 203454 | | 105 | Noah | Ottenstein | 1987 | 30 | New Haven WLC | 103.5 | 95 | 100 | -105 | 100 | 143 | -149 | -149 | 143 | 243 | 14 | 266.9 | |
| 4 | M | 1009436 | M35 | 105 | Micah | Sybor | 1979 | 38 | Unattached | 102.7 | 105 | -110 | -110 | 105 | 130 | 135 | -140 | 135 | 240 | 15 | 264.4 | 294.2 |
| 4 | M | 204624 | | 77 | Edgar | Garcia | 1987 | 30 | NY Weightlifting | 74.93 | 80 | -85 | 85 | 85 | 110 | 115 | 120 | 120 | 205 | 16 | 262.2 | |
| 11 | M | 202406 | | 77 | Kaleb | Burnett | 1987 | 30 | Murder of Crows | 76 | 87 | -92 | 92 | 92 | 110 | 114 | -116 | 114 | 206 | 17 | 261.4 | |
| 10 | M | 1002854 | | 94 | Adam | Merkado-Weiss | 1983 | 34 | Northeast BC | 89.61 | 87 | 90 | 93 | 93 | 120 | 125 | 130 | 130 | 223 | 18 | 259.9 | |
| 2 | M | 166542 | M50 | 77 | Richard | Condon | 1964 | 53 | NY Weightlifting | 75.78 | -85 | 85 | 88 | 88 | 110 | 115 | -118 | 115 | 203 | 19 | 258 | 333.6 |
| 6 | M | 1009826 | J | 62 | Nicholas | Rego | 1997 | 20 | South Coast BC | 58 | 67 | -73 | -73 | 67 | 97 | -106 | -106 | 97 | 164 | 20 | 249.1 | |
| 5 | M | 202738 | | 85 | Justin | Flores | 1987 | 30 | Team CT. | 84.36 | 85 | 90 | -95 | 90 | 105 | 110 | 115 | 115 | 205 | 21 | 245.9 | |
| 13 | M | 214419 | J | 69 | Harrison | Lucas | 1999 | 18 | NY Weightlifting | 67.7 | 75 | -80 | -80 | 75 | 105 | -110 | -115 | 105 | 180 | 22 | 245.1 | |
| 12 | M | 1005516 | | 105 | Christian | Santamaria | 1995 | 22 | NY Weightlifting | 95.32 | 90 | -94 | 95 | 95 | 110 | 115 | 120 | 120 | 215 | 23 | 243.8 | |
| 6 | M | 1014710 | M35 | 94 | James | Swaffar | 1978 | 39 | NY Weightlifting | 87.44 | 80 | 85 | 90 | 90 | -110 | 110 | 116 | 116 | 206 | 24 | 242.8 | 273.2 |
| 11 | M | 1014458 | | 105 | Benjamin | Horgan | 1991 | 26 | Unattached | 100.9 | 85 | 89 | 93 | 93 | 110 | 115 | -120 | 115 | 208 | 25 | 230.6 | |
| 15 | M | 181520 | M40 | 77 | Patrick | Shea | 1975 | 42 | Westerly BC | 76.46 | -72 | -72 | 72 | 72 | 100 | 105 | -111 | 105 | 177 | 26 | 223.8 | 259.1 |
| 14 | M | 1013585 | M35 | 62 | Joe | Brancato | 1978 | 39 | Unattached | 57.87 | -60 | 62 | -66 | 62 | 80 | 84 | -87 | 84 | 146 | 27 | 222.2 | 249.9 |
| 8 | M | 1010606 | M35 | 69 | Daniel | Nagelhout | 1978 | 39 | Providence BC | 65.94 | 60 | 63 | 66 | 66 | 80 | 85 | 90 | 90 | 156 | 28 | 216.2 | 243.2 |
| 18 | M | 201753 | | 69 | Matt | Weinberg | 1990 | 27 | NY Weightlifting | 68.43 | 64 | 68 | -73 | 68 | 83 | 87 | -90 | 87 | 155 | 29 | 209.6 | |
| 7 | M | 221703 | M35 | 77 | Sam | Miller | 1980 | 37 | Tech Valley | 76.47 | 63 | 68 | -73 | 68 | -75 | 76 | 82 | 82 | 150 | 30 | 189.6 | 208.6 |
| 9 | M | 1014936 | M35 | 69 | Michael | Cook | 1982 | 35 | Providence BC | 65.91 | 55 | 58 | 60 | 60 | 65 | 70 | 75 | 75 | 135 | 31 | 187.1 | 200.6 |
| 13 | M | 1005267 | M45 | 85 | Michael | Willman | 1969 | 48 | Northeast BC | 84.18 | 60 | -65 | 65 | 65 | 90 | -95 | -95 | 90 | 155 | 32 | 186.1 | 228.2 |
| 15 | M | 1011183 | M65 | 85 | David | Kelly | 1949 | 68 | Unattached | 83.3 | 59 | 63 | -66 | 63 | 70 | 77 | 78 | 78 | 141 | 33 | 170.2 | 303.3 |
| 19 | M | 1015576 | J | 77 | John | Wise | 2002 | 15 | Team CT | 73.85 | 45 | 50 | 55 | 55 | 60 | 65 | 70 | 70 | 125 | 34 | 161.3 | |
| 17 | M | 1009449 | | 77 | Christopher | Darin | 1988 | 29 | Yankee BC | 76.07 | -81 | -81 | -81 | 0 | 100 | -105 | -107 | 100 | DNT | | 0 | |
| 10 | M | 1011413 | M35 | 77 | James | Harmon | 1978 | 39 | NY Weightlifting | 76.21 | 75 | -80 | 80 | 80 | -110 | -110 | -110 | 0 | DNT | | 0 | 0 |
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**REFEREES** Bob Sweeney, Dario del Puppo, Brian Love, Riky Jakobsohn, Tory Campbell, Richard Beck, Gary Valentine

**Scoring** Deb Valentine, Kathryn Goodrich, Brin Battisti **Announcers** Gary Valentine, Brian Swedrock

**Loaders** Brian Swedrock, Riky Jakobsohn, Margaret Battisti, Mark DiSanto, Brian Love

**Weighins** Kathryn Goodrich, Deb Valentine, Joe Ridarelli

**MEET DIRECTOR** Gary Valentine, M.A.

**DATE** 1 15 2017

PLEASE ***EMAIL*** COMPLETED FORM IN EXCEL OR CSV FORMAT TO: usaw@usaweightlifting.org