

# USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

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## SCORESHEET

Competition: 2017 Tri State Open

Location: (city, state) Norwalk, CT.

2017 Date: 1.15.17 Group: CT LWC Sanction #: 60-17-59520

Lot No.	Gndr	Member ID	Div	Wt Class	First Name	Last Name	Year of Birth	Age	Team	Body Wt	Snatch			Best	Clean & Jerk			Best C&J	Total	Place	Sinclair	Age Sinclair
											1	2	3	Sna	1	2	3					
<b>Women</b>																						
3	F	130993	W45	53	Vanessa	Nicoletta	1972	45	WL Institute	52.4	50	53	55	55	60	63	-65	63	118	1	179.6	214.7
5	F	217808	W55	63	Roberta	Mulder	1959	58	NY Weightlifting	59.87	41	44	46	46	51	54	56	56	102	2	140.4	203.4
12	F	195471	W40	90	Dionne	Dunham	1973	44	3E WL	82.76	51	54	58	58	67	70	pass	70	128	3	146	172.7
13	F	182367	W35	69	Katherine	Barravechia	1982	35	NY Weightlifting	65.4	50	54	-57	54	67	70	-73	70	124	4	160.8	172.4
4	F	1006185	W35	90	Gayge	Maggio	1981	36	Murder of Crows	89.11	58	-61	-61	58	78	-81	81	81	139	5	153.7	167
15	F	1012634	W35	69	Missy	Jorczak	1978	39	Team CT.	68.07	49	52	-54	52	59	62	-64	62	114	6	144.2	162.3
3	F	200649	W35	90	Sara	Soto	1981	36	Murder of Crows	76.6	48	-50	-50	48	60	-63	63	63	111	7	131.5	142.9
16	F	217642	W35	75	Viviana	Podhaiski	1979	38	NY Weightlifting	72.57	40	43	-46	43	50	54	58	58	101	8	123.1	137
<b>Men</b>																						
2	M	166542	M50	77	Richard	Condon	1964	53	NY Weightlifting	75.78	-85	85	88	88	110	115	-118	115	203	1	258	333.6
15	M	1011183	M65	85	David	Kelly	1949	68	Unattached	83.3	59	63	-66	63	70	77	78	78	141	2	170.2	303.3
4	M	1009436	M35	105	Micah	Sybor	1979	38	Unattached	102.7	105	-110	-110	105	130	135	-140	135	240	3	264.4	294.2
6	M	1014710	M35	94	James	Swaffar	1978	39	NY Weightlifting	87.44	80	85	90	90	-110	110	116	116	206	4	242.8	273.2
15	M	181520	M40	77	Patrick	Shea	1975	42	Westerly BC	76.46	-72	-72	72	72	100	105	-111	105	177	5	223.8	259.1
14	M	1013585	M35	62	Joe	Brancato	1978	39	Unattached	57.87	-60	62	-66	62	80	84	-87	84	146	6	222.2	249.9
8	M	1010606	M35	69	Daniel	Nagelhout	1978	39	Providence BC	65.94	60	63	66	66	80	85	90	90	156	7	216.2	243.2
13	M	1005267	M45	85	Michael	Willman	1969	48	#REF!	84.18	60	-65	65	65	90	-95	-95	90	155	8	186.1	228.2
7	M	221703	M35	77	Sam	Miller	1980	37	Tech Valley	76.47	63	68	-73	68	-75	76	82	82	150	9	189.6	208.6
9	M	1014936	M35	69	Michael	Cook	1982	35	Providence BC	65.91	55	58	60	60	65	70	75	75	135	10	187.1	200.6
10	M	1011413	M35	77	James	Harmon	1978	39	NY Weightlifting	76.21	75	-80	80	80	-110	-110	-110	0	DNT		0	0

REFEREES Bob Sweeney, Dario del Puppo, Brian Love, Ricky Jakobsohn, Tory Campbell, Richard Beck, Gary Valentine

MEET DIRECTOR Gary Valentine, M.A.

Scoring Deb Valentine, Kathryn Goodrich, Brin Battisti Announcers Gary Valentine, Brian Swedrock

Loaders Brian Swedrock, Ricky Jakobsohn, Margaret Battisti, Mark DiSanto, Brian Love

Weighins Kathryn Goodrich, Deb Valentine, Joe Ridarelli

DATE 1 15 2017

PLEASE **EMAIL** COMPLETED FORM IN EXCEL OR CSV FORMAT TO: [usaw@usaweightlifting.org](mailto:usaw@usaweightlifting.org)