



# USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

## SCORESHEET

1 Olympic Plaza  
Colorado Springs, CO 80909  
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Competition: 2019 Tri-State Open

Location: (city, state) Stamford, CT.

2019		Date:		9-Jun-19		Group: CT LWC			Sanction #: 03-19-196119																	
Lot No.	Gnd	Member ID	Div	Wt Class	First Name	Last Name	Year of Birth	Age	Team	Body Wt	Snatch			Best			Clean & Jerk			Best C&J	Total	Plac	Sinclair	Age Sinclair		
											1	2	3	Sna	1	2	3	1	2						3	
<b>WOMENS SESSION 1, 45-64 kg., 71B. WEIGHIN 8-9am. LIFT 10-11:30am.</b>																										
2	F	1042402	J	49	Mackenzie	Scott	2006	13	Glastonbury WLA	47.77	16	17	18	18	20	21	22	22	40	1	63.64559523					
5	F	1029727		55	Molly	Soufrine	1995	24	New Haven WL	53.6	53	56	-60	56	-73	73	-77	73	129	1	188.1464287					
1	F	1015113		55	Gillian	Dennehy	1992	27	Unattached	50.05	45	48	50	50	56	60	64	64	114	2	174.9182056					
4	F	1014795		59	Jessica	Gilmore	1987	32	East Coast Gold	55.2	59	61	64	64	78	81	-83	81	145	1	207.1317138					
3	F	1040648	J	59	Kala	Normandin	2003	16	BFS	57.21	35	37	38	38	48	51	53	53	91	2	126.8490751					
6	F	1017769	W55	59	Jane	Burns	1961	58	Big Pull BC	57.72	33	35	-37	35	43	45	-47	45	80	3	110.8551873	160.629166				
12	F	1029000		64	Michelle	Yiznitsky	1991	28	Yankee BC	61.9	-66	66	70	70	93	-97	-98	93	163	1	215.9452787					
10	F	1037227	W35	64	Melissa	Farrell	1984	35	East Hampton Str.	61.3	56	58	60	60	73	76	80	80	140	2	186.6016726	200.036993				
13	F	1015926	W35	64	Sandra	San Emeterio	1981	38	East Hampton Str.	63.08	54	57	-60	57	65	68	70	70	127	3	166.3176109	185.111501				
7	F	1023094	J	64	Emma	Winters	2005	14	Unattached	59.34	48	51	-53	51	61	63	-65	63	114		155.1222696					
14	F	1042462		64	Charelle	Brown	1996	23	New Haven WL	63.49	38	-43	-47	38	53	58	60	60	98		127.8386122					
15	F	1009445	W50	64	Lori	Rico	1968	51	Redzone	63.38	38	40	-42	40	54	57	-59	57	97		126.6663098	158.966219				
16	F	1029131	W35	64	Kathleen	McKeon	1982	37	Unattached	61.99	32	-34	35	35	48	50	52	52	87		115.1556518	126.671217				
11	F	1042660		64	Kara	Zavaglio	1993	26	Redzone	63.51	30	32	-38	32	39	44	50	50	82		106.9467436					
17	F	1040314		71B	Catriona	Hahn	1990	29	New Haven WL	70.04	28	31	-34	31	35	40	45	45	76		93.76195667					
<b>WOMENS SESSION 2, 71-87+ kg., WEIGHIN 9-10 am, LIFT 11:30-2pm.</b>																										
22	F	1006023		71	Michela	Greco	1992	27	Redzone	69.07	77	79	-82	79	96	98	-100	98	177	1	220.0155315					
9	F	1006532		71	Kate	Pellegrino	1994	25	Unattached	68.12	60	64	67	67	71	75	80	80	147	2	184.119047					
21	F	1030922		71	Carole	Nasrallah	1988	31	New Haven WL	69.05	56	60	64	64	74	78	81	81	145	3	180.267123					
23	F	1042249	W45	71	Jennifer	Jasper	1972	47	Ironclad BC	69.28	55	60	-64	60	75	77	80	80	140		173.7368931	211.437799				
24	F	1041427		71	Emily	Davis	1996	23	Unattached	68.53	59	63	-68	63	68	70	73	73	136		169.7785984					
25	F	1035077		71	Taylor	Boles	1990	29	Team CT	67.42	50	-55	55	55	72	76	-80	76	131		165.0257538					
20	F	1039374		71	Marise	Montrose	1989	30	Unattached	69.9	63	66	69	69	-83	-84	-84	-83	-14		-17.29044997					
26	F	1018299	W35	76	Gamze	Gursoy	1983	36	New Haven WL	75.25	50	55	-58	55	74	79	-83	79	134	1	159.3743518	173.23992				
27	F	194307	W45	76	Carla	O'Brien	1970	49	New Haven WL	74.85	47	-50	-50	47	56	60	-64	60	107	2	127.5927983	157.449513				
31	F	175233	W35	81	Katherine	Goodrich	1984	35	Team CT	79.47	60	63	-66	63	78	82	-86	82	145	1	168.1159775	180.220328				
30	F	1035882		81	Nicole	Panella	1995	24	Yankee BC	79.43	57	59	-63	59	66	69	73	73	132	2	153.0781006					
28	F	1041439		81	Ashley	Carlson	1987	32	East Hampton Str.	79.45	50	-53	-55	50	64	68	-73	68	118	3	136.827078					
29	F	1012634	W40	81	Missy	Jorczak	1978	41	Team CT	80.08	52	-57	-61	52	60	-65	--		112		129.4129059	148.436603				
32	F	202585	W35	87	Danielle	Colosimo Abucewicz	1984	35	Team CT	84.04	57	60	-64	60	80	84	-87	84	144	1	162.9933167	174.728835				
33	F	1022208		87	Jennifer	Price	1995	24	Team CT	82.85	-50	52	57	57	60	66	71	71	128	2	145.7440014					
34	F	1020446		87+	Marie	Aqbah- Hughes	1991	28	East Hampton Str.	114	60	63	65	65	82	-86	90	90	155	1	159.7859832					
35	F	1034456	W35	87+	Gretchen	Yelmini	1984	35	Unattached	89.23	-43	43	45	45	57	-58	-60	57	102	2	112.7849338	120.905449				
<b>MENS SESSION 1, 55-81kg, 89B, 96B, 102B, 109+B. WEIGHIN NOON-1pm, LIFT 2-4pm</b>																										
2	M	1018718		67	Christian	Rivera	1996	23	BFS	65.06	96	101	106	106	119	123	131	131	237	1	326.9032935					
1	M	1027600		67	MaChris	Dompdor	1990	29	Northeast BC	64.35	70	75	80	80	90	-95	97	97	177	2	245.8952056					

3	M	1031478		81	Kevin	Sosa	1994	25	Unattached	79.12	87	92	96	96	103	-115	115	115	211	1	259.6018855	
6	M	202581	M45	81	Ireneusz	Dabrowski	1971	48	Iron Trax BC	75.34	80	82	85	85	115	-120	120	205	2	258.9300047	317.448186	
8	M	1041165		81	Ben	Fehrs	1993	26	Iron Trax BC	78.64	75	80	-86	80	-107	107	-110	107	187	3	230.8061859	
9	M	1006606	M50	81	Tony	Leonardi	1966	53	Redzone	80.11	70	75	79	79	95	100	-109	100	179		218.8215843	282.936309
5	M	1037093	M50	81	Tom	Kiczuk	1968	51	East Hampton Str.	78.16	64	-67	67	67	85	88	-91	88	155		191.9274259	240.86892
7	M	1032577	M50	81	Gerald	Cavallo	1965	54	Frozen Iron BC	79.29	60	65	-71	65	75	-80	-81	75	140		172.0556847	226.941448
4	M	185080		81	Samuel	Axten	1989	30	Saratoga BC	80.03	-100	-106	-106	-100	-118	-118	-125	-118	-218		-266.6343088	
14	M	1039867		89B	Thomas	Quinn	1996	23	Unattached	81.57	75	78	81	81	97	101	105	105	186		225.3089582	
15	M	1017767		89B	Hao	Hoang	1988	31	Unattached	81.29	63	-68	71	71	85	90	96	96	167		202.6427152	
11	M	1029434		89B	Daniel	Camilleri	1989	30	East Hampton Str.	87.33	-66	66	-70	66	88	-92	93	93	159		186.42033	
12	M	1011183	M70	89B	David	Kelly	1949	70	Team CT	82.64	58	61	-63	61	65	70	72	72	133		160.0695805	309.414499
10	M	1007692	M55	89B	Chris	Price	1960	59	Team CT	85.75	-55	55	-60	55	-70	70	-73	70	125		147.7978982	218.740889
13	M	1039630		89B	Cameron	Forrest	1990	29	Unattached	84.22	-60	60	65	65	-92	-92	-92	-92	-27		-32.19776231	
16	M	216035	M60	96B	Richard	Beck	1957	62	Team CT	92.38	45	-48	-50	45	55	-60	-60	55	100		114.3969095	178.573576
17	M	139269	M70	109B	Ed	Conroy	1947	72	Team CT	102.7	30	33	36	36	40	45	50	50	86	3	94.46467307	193.935974
18	M	1024661		109+B	Jacob	Figueroa	1993	26	Unattached	150.1	60	65	-70	65	80	90	-100	90	155	2	156.2439055	
<b>MEN'S SESSION 2, 89 - 109+ kg. WEIGHIN 2-3pm, LIFT 4-7pm</b>																						
19	M	1001585	M35	89	Paul	Dixon	1982	37	Team CT	87.77	100	104	-106	104	122	127	-132	127	231	1	270.2195028	297.241453
21	M	202738		89	Justin	Flores	1987	32	Team CT	82.78	90	-95	95	95	115	120	-122	120	215	2	258.5439657	
20	M	1019870		89	Michael	Ball	1991	28	Unattached	82.9	75	79	-83	79	108	111	-114	111	190	3	228.3184783	
22	M	173671		96	Nicholas	Ragaini	1985	34	Iron Trax BC	94.33	110	-115	-120	110	130	137	-145	137	247	1	280.1370413	
23	M	1011548	J	96	Christopher	Keegan	1999	20	Unattached	94.76	93	100	-105	100	116	121	125	125	225	2	254.7170678	
24	M	1035623		96	Jerrick	Zhang	1995	24	Unattached	95.01	90	96	-101	96	115	120	125	125	221	3	249.9241154	
25	M	207029	M40	96	Jamie	Bigham	1976	43	Iron Trax BC	95.8	90	-94	95	95	120	-125	-131	120	215		242.3386139	283.536178
32	M	1034940		102	Ray	Fleser	1987	32	Ironclad BC	100.5	116	121	-125	121	154	157	160	160	281	1	311.0218249	
28	M	162873		102	Eric	Brandom	1985	34	Team CT	99.75	120	-124	-125	120	140	144	-146	144	264	2	293.0090463	
27	M	1041421		102	Joe	Golden	1989	30	Unattached	98.75	-90	93	100	100	134	138	-143	138	238	3	265.1448897	
29	M	125986	M40	102	Joel	Quintonq	1979	40	SHU	100.5	93	98	102	102	123	128	-137	128	230		254.5914775	289.215918
31	M	203454		109	Noah	Ottenstein	1987	32	New Haven WL	106.7	106	112	-118	112	145	154	160	160	272	1	294.9404996	
30	M	212748		109	Matthew	Lee	1988	31	Northeast BC	107.8	95	100	106	106	140	146	-155	146	252	2	272.3689489	
33	M	1028050		109+	Joey	DiMattia	1992	27	Team CT	109.4	75	80	85	85	105	110	-115	110	195	1	209.7593645	
26	M	1034808		102	Matt	Pinney	1997	22	Unattached	NS												

REFEREES

MEET DIRECTOR Gary Valentine, M.A.

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