



USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

1 Olympic Plaza
 Colorado Springs, CO 80909
 (719) 866-4508
 Fax (719) 866-4741
 e-mail: usaw@usaweightlifting.org

SCORESHEET

Competition: 2019 CT State Championships

Location: (city, state) New Haven, CT

2019

Date: 11/3/19

Group: CT LWC

Sanction #: 03-19-251710

Lot No.	Gndr	Member ID	Div	Wt Class	First Name	Last Name	Year of Birth	Age	Team	Body Wt	Snatch			Best	Clean & Jerk			Best	Total	Place	Sinclair	Age Sinclair	
											1	2	3	Sna	1	2	3	C&J					

Women's Session 1 45-64kg, 76B. Weighin 7-8am. LIFT 9am - Noon.

2	F	1018300	Y11-	45	Abigail	Angier	2008	11	Team CT	32.36	18	20	-21	20	23	25	26	26	46	1	105.043		
1	F	1039629	Y11-	45	Ella	Lanzi	2010	9	Iron Trax BC	28.37	14	16	18	18	-20	20	22	22	40	2	105.637		
3	F	1046542	Y12	45	Olivia	Arcari	2007	12	East Hampton Str.	39.55	13	15	17	17	17	18	19	19	36	3	67.373		
4	F	1046584	Y12	45	Courtney	Klewicki	2007	12	East Hampton Str.	30.92	12	14	16	16	14	16	18	18	34		81.537		
7	F	1014795		55	Jessica	Gilmore	1987	32	Nation BC	54.25	63	66	-68	66	83	85	-87	85	151	1	218.350		
9	F	1038957		55	Katherine	Cammack	1993	26	Unattached	53.7	39	41	42	42	50	-53	-54	50	92	2	134.003		
6	F	1046448	Y12	55	Pavton	Polsonetti	2007	12	East Hampton Str.	53.85	18	20	22	22	26	28	31	31	53	3	77.044		
5	F	1046488	Y12	55	Valencia	Nonez	2007	12	East Hampton Str.	49.59	19	21	23	23	23	25	28	28	51		78.809		
8	F	1046212		59	Stephanie	Zucker	1996	23	Iron Trax BC	57.65	48	51	-54	51	65	68	71	71	122	1	169.191		
13	F	1001020	W45	59	Jen	Schaefer	1972	47	Viking BC	58.36	52	-55	-57	52	62	-65	-67	62	114	2	156.819	190.848	
11	F	1046663		59	Nicole	Yen	1991	28	New Haven WLC	56.25	40	44	-47	44	52	56	59	59	103	3	145.234		
12	F	1046376		59	Lindsay	Blitz	1989	30	Iron Trax BC	58.65	40	-45	-45	40	-56	56	60	60	100		137.113		
14	F	1017769	W55	59	Jane	Burns	1961	58	Big Pull BC	57.96	33	35	-38	35	43	45	-48	45	80		110.550	160.187	
19	F	1029000		64	Michelle	Yiznitsky	1991	28	Yankee BC	62.77	65	68	72	72	93	97	101	101	173	1	227.238		
20	F	1035721		64	Kathryn	Snow	1990	29	Iron Trax BC	63.02	53	55	59	59	71	75	78	78	137	2	179.517		
17	F	1027243		64	Kelsey	Guminiak	1993	26	Viking BC	63.52	55	58	-60	58	71	74	77	77	135	3	176.054		
23	F	1015231	W40	64	Sarah	Evre	1977	42	Yankee BC	63.8	56	-58	-59	56	68	70	-72	70	126		163.884	189.778	
21	F	1046213		64	Angela	De Leon	1989	30	Iron Trax BC	63.61	-46	48	52	52	67	70	74	74	126		164.178		
15	F	1023094	Y14	64	Emma	Winters	2005	14	Viv's Brickyard BC	60.78	-48	49	-53	49	57	59	62	62	111		148.742		
24	F	1009445	W50	64	Lori	Rico	1968	51	Redzone	63.11	37	39	-42	39	55	58	-60	58	97		126.993	159.377	
10	F	1046270		64	Erin	Roccapiore	1993	26	Iron Trax BC	59.59	35	37	40	40	50	54	-56	54	94		127.561		
22	F	206797	W40	64	Molly	Leber	1979	40	New Haven WLC	61.86	35	37	-39	37	50	52	54	54	91		120.607	137.009	

Women's Session 2 71-87+kg, Weighin 9:30-10:30am. LIFT Noon - 3 pm.

32	F	1006023		71	Michela	Greco	1992	27	Redzone	69.59	78	-80	-82	78	93	95	97	97	175	1	216.648	
36	F	1039374		71	Marise	Montrose	1989	30	Unattached	70.54	63	65	68	68	79	81	84	84	152	2	186.815	
35	F	1013449		71	Giana	Gleeson	1990	29	Unattached	66.54	58	61	-64	61	80	84	-87	84	145	3	184.023	
37	F	1030922		71	Carole	Nasrallah	1988	31	New Haven WLC	69.44	60	64	67	67	-76	80	84	84	151		187.154	
38	F	1039220	W35	71	Meira	Hauser	1982	37	Team CT	67.65	54	-58	61	61	75	79	-83	79	140		176.028	193.630
33	F	1035077		71	Taylor	Johnson	1990	29	Team CT	69.9	53	56	-58	56	-74	76	-80	76	132		163.024	
40	F	214811	W45	71	Kendra	Podielsky	1974	45	Trinity BC	69.01	57	-60	60	60	71	73	-76	73	133		165.401	197.654
34	F	1035725		71	Katie	Greatorex	1990	29	Iron Trax BC	70.56	48	-52	54	54	65	68	71	71	125		153.608	
30	F	1046534	Y16	71	Juliana	Bafundo	2002	17	Trinity BC	70.99	43	-45	45	45	55	58	-61	58	103		126.168	
31	F	1046628	J	71	Holly	Basile	2000	19	New Haven WLC	66.66	42	46	49	49	48	54	-60	54	103		130.586	
42	F	1036506	W60	71	Anne	Pinto	1958	61	Viking BC	68.34	40	43	-46	43	52	55	-57	55	98		122.528	188.202
39	F	1046005	W40	71	Nancy	Mahmoud	1976	43	Redzone	69.62	35	38	42	42	52	56	60	60	102		126.245	147.707
41	F	1045301	W55	71	Barbara	Kazmierczak	1964	55	New Haven WLC	67.44	32	34	-36	34	46	49	-51	49	83		104.541	141.130
16	F	1042462		71B	Charelle	Brown	1996	23	New Haven WLC	64.41	41	45	48	48	56	61	65	65	113		146.146	
18	F	1027243		71B	Kara	Zavaaglio	1993	26	Redzone	64.66	38	40	42	42	47	50	52	52	94		121.295	
25	F	1045411	Y12	71B	Riley	McCormick	2007	12	East Hampton Str.	70.65	23	25	-29	25	-31	34	37	37	62		76.138	
48	F	1024543		76	Hadley	Santos	1990	29	Yankee BC	71.52	75	78	-83	78	90	93	96	96	174	1	212.311	
50	F	1018299	W35	76	Gamze	Gursoy	1983	36	New Haven WLC	75.02	53	57	-60	57	75	80	-85	80	137	2	163.185	177.383
46	F	211653		76	Marta	Rafalowicz	1990	29	Unattached	73.24	50	-54	54	54	70	73	-76	73	127	3	153.087	
44	F	1046734		76	Katrina	Schmidt	1995	24	Iron Trax BC	74.18	45	49	55	55	70	73	-77	73	128		153.312	
45	F	1045948		76	Cate	Olsen	1992	27	Team CT	74.92	45	48	52	52	65	69	-72	69	121		144.221	
43	F	1046298	Y16	76	Brenna	Graves	2003	16	Iron Trax BC	72.36	48	51	53	53	55	-57	58	58	111		134.625	
49	F	1045675		76	Jayme	Phillips	1988	31	Unattached	75.21	43	45	46	46	57	60	63	63	109		129.674	
47	F	1040314		76	Catrina	Hahn	1990	29	New Haven WLC	72.03	33	-36	-36	33	48	52	-56	52	85		103.334	
26	F	1037195	W55	76B	Kathy	Ferner	1962	57	East Hampton Str.	74.49	30	33	35	35	40	45	-50	45	80		95.623	135.497
55	F	203604		81	Andrea	Migliori	1987	32	Yankee BC	77.67	63	66	-67	66	79	84	86	86	152	1	178.085	
54	F	1026313		81	Zoey	Utko	1992	27	Team CT	78.91	-60	62	66	66	72	76	-78	76	142	2	165.164	
53	F	1035882		81	Nicole	Panella	1995	24	Yankee BC	77.4	-61	-63	-64	-61	73	76	80	80	19	3	22.297	
52	F	1046631		81	Cindy	Rodriguez	1992	27	Iron Trax BC	77.94	55	57	60	60	70	74	78	78	138		161.423	
51	F	170900	W50	81	Cindy	Briggs	1965	54	Unattached	80.28	52	54	56	56	70	73	-76	73	129		148.891	196.388
57	F	194307	W45	81	Carla	O'Brien	1970	49	New Haven WLC	77.43	48	-51	52	52	58	61	63	63	115		134.929	166.503
56	F	206923	W40	81	Whitney	Doel	1979	40	New Haven WLC	77.34	45	48	-52	48	65	69	-73	69	117		137.350	156.030
58	F	1012634	W40	87	Missy	Jorczak	1978	41	Team CT	81.65	50	55	-57	55	55	62	-67	62	117	1	134.048	153.753
59	F	1029658		87+	Taryn	Pascal	1995	24	Unattached	88.44	-75	-80	-82	-75	95	-100	-103	95	DNT		#VALUE!	

Men's Session 1 55-89kg, all B, Weighin 12:30-1:30pm. LIFT 3-5:30 pm.

1	M	1035271	Y12	55	Caelb	Wilderman	2006	13	Team CT	46.44	-43	46	-50	46	55	60	65	65	111	1	197.705	
2	M	1025604	Y16	61	Then-Bao	Bui	2002	17	Team CT	60.18	66	70	75	75	88	93	98	98	173	1	251.494	
3	M	1028784		73	Robert	Ambrose	1991	28	Unattached	71.36	91	-96	-100	91	111	-116	116	116	207	1	269.672	
4	M	1043520		73	Will	Andrew	1990	29	Unattached	72.93	84	88	-92	88	103	-107	-109	103	191	2	245.703	
5	M	1013450		73	Taylor	Ives	1985	34	Unattached	72.21	76	-82	82	82	-101	-101	-101	-101	DNT		#VALUE!	
6	M	1035568	J	81	Benjamin	Choi	1999	20	Unattached	77.9	-125	125	-132	125	147	154	160	160	285	1	353.522	
8	M	173077		81	Paul	Healy	1993	26	Unattached	79.02	108	-113	113	113	128	-133	133	133	246	2	302.863	
7	M	1046167		81	Andrew	Martin	1995	24	Yankee BC	79.01	91	95	101	101	125	132	137	137	238	3	293.033	
11	M	202581	M45	81	Ireneusz	Dabrowski	1971	48	Iron Trax BC	75.21	85	-87	87	87	-120	120	-125	120	207		261.706	320.851
9	M	1041165		81	Ben	Fehrs	1993	26	Iron Trax BC	79.14	70	73	77	77	105	109	-113	109	186		228.813	
12	M	1006606	M50	81	Tony	Leonardi	1966	53	Redzone	79.69	70	-75	75	75	100	104	-106	104	179		219.414	283.702
10	M	1041584	M35	81	Jeffrey	Bellitti	1982	37	Viking BC	78.7	71	75	-79	75	88	93	98	98	173		213.441	234.785
13	M	1032577	M50	81	Gerald	Cavallo	1965	54	Frozen Iron BC	79.52	62	66	71	71	75	80	86	86	157		192.659	254.117
14	M	326	M65	81	Mark	Focacci	1953	66	Unattched	82.38	40	-42	-42	40	55	57	58	58	98		118.129	197.394
18	M	1006780		89	Eric	Pick	1991	28	New Haven WLC	87.56	116	-121	-124	116	140	145	-150	145	261	1	305.645	
20	M	221987	M35	89	Brendan	Marolda	1984	35	Yankee BC	84.12	108	113	-118	113	135	140	145	145	258	2	307.843	330.008
19	M	159077		89	Steve	Zito	1986	33	Team CT	84.06	102	108	113	113	130	137	-142	137	250	3	298.400	
21	M	1041331	M35	89	Willie	Jones	1981	38	Team CT	87.58	-77	-80	80	80	105	-110	-110	105	185		216.622	241.101
15	M	1042717		89	Alex	Kane	1997	22	Team CT	84.24	68	73	76	76	97	103	108	108	184		219.397	
17	M	1046555		89	Jordan	Grice	1993	26	Unattached	87.64	72	76	-80	76	107	-111	-113	107	183		214.214	
16	M	1044488		89	Jacob	Savage	1994	25	Team CT	84.13	64	-72	74	74	86	92	100	100	174		207.603	
22	M	1007692	M55	89	Chris	Price	1960	59	Team CT	86.63	52	55	-58	55	72	75	-77	75	130		152.983	226.414
23	M	139269	M70	109B	Ed	Conroy	1947	72	Team CT	105.1	34	37	-40	37	40	45	51	51	88		95.887	196.856

Men's Session 2 96-109+kg, Weighin 2-3 pm, 530 - 8:30pm.

28	M	1019789		96	Connor	Reilly	1994	25	Frozen Iron BC	94.25	107	-112	-115	107	133	-138	139	139	246	1	279.099	
32	M	173671		96	Nicholas	Ragaini	1985	34	Iron Trax BC	94.74	110	-115	-116	110	130	135	-138	135	245	2	277.382	
31	M	199310		96	Trevor	Brunelle	1990	29	Unattached	93.1	97	-102	-105	97	130	135	140	140	237	3	270.245	
30	M	203111		96	Elliott	Laden	1991	28	Iron Trax BC	93.13	96	-100	102	102	130	-134	-135	130	232		264.508	
26	M	1011548	J	96	Christopher	Keegan	1999	20	Unattached	94.43	95	101	-105	101	117	122	130	130	231		261.878	
27	M	1035623		96	Jerrick	Zhang	1995	24	Unattached	95.17	-91	96	101	101	122	126	-130	126	227		256.537	
29	M	1045027		96	Michael	Womer	1992	27	Viking BC	94.69	93	96	100	100	115	120	125	125	225		254.793	
34	M	188933	M45	96	Eric	Therriault	1972	47	Frozen Iron BC	95.51	87	-92	-94	87	110	115	-120	115	202		227.959	277.427
25	M	1046743	J	96	Cody	McHenry	2001	18	Unattched	91.26	75	80	84	84	90	95	100	100	184		211.580	
38	M	162873		102	Eric	Brandom	1985	34	Team CT	100.1	114	119	-125	119	140	-143	-145	140	259	1	287.111	
35	M	1046349		102	Michael	Ficorilli	1992	27	Yankee BC	98.73	100	105	110	110	140	145	-150	145	255	2	284.105	
39	M	1022098	M35	102	Gerald	Matyschsyk	1982	37	Viv's Brickyard BC	97.08	98	102	-106	102	130	132	0	132	234	3	262.389	288.628
33	M	207029	M40	102	Jamie	Bigham	1976	43	Iron Trax BC	96.91	-96	96	-100	96	125	0	0	125	221		247.980	290.137
36	M	1046171		102	Evan	Nelson	1989	30	Unattached	101.8	77	-81	82	82	97	102	105	105	187		206.016	
40	M	1033949	M45	102	James	McCormick	1973	46	East Hampton Str.	100.1	-70	-71	-75	-70	85	85	-90	85	15		16.628	20.070
41	M	203454		109	Noah	Ottenstein	1987	32	New Haven WLC	107.2	108	-115	117	117	146	154	-163	154	271	1	293.376	
42	M	1025582		109	Ryan	Norton	1987	32	Iron Trax BC	106.9	82	86	90	90	115	120	125	125	215	2	232.956	
37	M	1046607		109	Greg	Snow	1986	33	Iron Trax BC	102.2	70	-74	75	75	85	90	95	95	170	3	187.034	
43	M	1046369		109+	Daniel	Tyszka	1996	23	Unattached	117.6	70	80	-85	80	90	100	114	114	194	1	204.409	
44	M	1020498	M45	109+	Rafael	Martinez	1970	49	Viking BC	110.5	60	65	-70	65	75	80	-85	80	145	2	155.490	191.875
45	M	1035793	M55	109+	Michael	Ackerman	1964	55	Iron Trax BC	113.9	70	-74	75	75	84	88	94	94	169	3	179.621	242.488

REFEREES

MEET DIRECTOR Gary Valentine, M.A.

DATE
