



USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

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<http://weightlifting.teamusa.org>

SCORESHEET

Competition: Connecticut State Championships

Location: (city, state) New Haven, CT

2020	Date: 11/7, 11/8/2020	Group: CT LWC	Sanction #: 09409																			
Lot No.	Gnd	Member ID	Div	Wt Class	First Name	Last Name	Year of Birth	Age	Team	Body Wt	Snatch			Best Sna	Clean & Jerk			Best C&J	Total	Place	Sinclair	Age Sinclair
											1	2	3		1	2	3					

ALL MEN LIFT SATURDAY, NOVEMBER 7.

Men Session 1. Weighin 10-11am, Lift Noon-2pm.																							
2	M	1034589		67	John	Gonzalez	1991	29	Unattached	66.7	80	82	87	87	105	110	-112	110	197			267.4851803	
3	M	1048896		67	Gregory	Muy	1996	24	Team CT.	63.9	50	53	58	58	62	67	75	75	133			185.5850358	
4	M	1045348		73	Tj	Mangan	1991	29	Unattached	71.2	91	94	98	98	123	128	-132	128	226			294.8867721	
5	M	1043520		73	Will	Andrew	1990	30	Unattached	73	88	91	95	95	105	110	115	115	210			270.0809459	
6	M	177485	M35	73	Yosh	Stoklosa	1985	35	Team CT.	72.2	-82	85	-92	85	112	-117	120	120	205			265.2474534	284.3452701
7	M	1016693	M45	96B	Fernando	Ramirez	1972	48	New Haven WLC	92.9	63	-67	67	67	88	91	94	94	161			183.7480844	225.2751515
9	M	1020498	M50	109B	Rafael	Martinez	1970	50	Viking BC	107	64	67	-70	67	85	89	93	93	160			173.499702	215.6601296
8	M	1052255	M60	89B	Frank	Giguere	1957	63	Team CT.	87.6	42	-46	46	46	55	60	65	65	111			129.9935757	205.9098238

Men Session 2. Weighin 10:45 - noon, Lift 2-4pm

10	M	1037243	J	81	Spencer	Green	2001	19	Yankee BC	80	115	120	125	125	152	-157	157	157	282			344.8901703	
11	M	159077		81	Stephen	Zito	1986	34	Team CT.	79.9	100	105	108	108	120	125	130	130	238			291.3392453	
12	M	1049752		81	Matthew	Wakelee	1996	24	Team CT.	75.5	84	88	92	92	112	117	120	120	212			267.4388176	
13	M	1041584	M35	81	Jeffrey	Bellitti	1982	38	Viking BC	77.2	70	75	80	80	90	95	-101	95	175			218.1074932	242.7536399
16	M	1018798	M45	81	Chris	Bryant	1973	47	Viking BC	80.2	68	71	-74	71	92	96	101	101	172			210.1703169	255.7772757
17	M	1032577	M55	81	Gerald	Cavallo	1965	55	Frozen Iron	78	66	-71	71	71	85	89	93	93	164			203.2918532	274.4440018
19	M	1052440	M55	81	Russell	Malz	1963	57	Unattached	78.8	64	67	-72	67	80	83	86	86	153			188.6655832	267.3391313
15	M	1052665		96B	Chris	Doyle	1991	29	Barbell League	96	70	75	80	80	115	118	-119	118	198			223.0116182	
20	M	1044488		89B	Jacob	Savage	1994	26	Team CT.	85.7	78	83	-87	83	-96	96	102	102	185			218.7767071	
14	M	1040294		89B	Allan	Corona	1989	31	New Haven WLC	85.7	50	55	60	60	70	75	-80	75	135			159.6827579	

Men Session 3. Weighin 2-3pm, Lift 4-6 pm

26	M	215275		89	Ken	Toal	1993	27	Unattached	88.1	135	141	146	146	165	175	-182	175	321			374.8643093	
25	M	1052503		89	Joseph	Massey	1993	27	Unattached	88.8	103	108	-112	108	125	132	135	135	243			282.7299263	
24	M	183759		89	Owen	Cassidy	1989	31	Frozen Iron	83.3	90	95	100	100	121	127	132	132	232			278.2156924	
27	M	1052667		89	Evan	Bourcier	1993	27	Team CT.	87.7	80	86	92	92	105	111	-120	111	203			237.5391677	
22	M	197545	M40	89	Bryan	Polsonetti	1976	44	East Hampton Str.	88.3	77	80	-83	80	110	113	117	117	197			229.7875746	271.8387007
29	M	196710		89	Michael	Srokowski	1989	31	Unattached	86.9	-105	-105	-106	0	155	160	-165	160	0			0	

Men Session 4. Weighin 2:45 - 4 pm, Lift 6-9pm

28	M	1006780		96	Eric	Pick	1991	29	Unattached	91.1	120	-125	127	127	148	-155	155	155	282		324.5121492	
35	M	1047827		96	Brooks	Leitner	1993	27	Team CT.	94	100	-107	110	110	134	138	142	142	252		286.2775764	
30	M	1035351		96	Dylan	Giguere	1996	24	Team CT.	93.6	110	-115	116	116	130	135	-137	135	251		285.6026256	
36	M	173671	M35	96	Nicholas	Ragaini	1985	35	Iron Trax BC	94.9	110	115	-118	115	130	135	136	136	251		283.9944423	304.4420421
37	M	1001585	M35	96	Paul	Dixon	1982	38	Team CT.	94	103	107	110	110	128	133	-138	133	243		276.0413864	307.234063
33	M	1019789		96	Connor	Reilly	1994	26	Frozen Iron	95.4	107	-112	-113	107	134	-145	-145	134	241		272.1414897	
34	M	1045027		96	Michael	Womer	1992	28	Viking BC	95.7	100	-105	106	106	-120	120	126	126	232		261.6300422	
32	M	1035623		96	Jerrick	Zhang	1995	25	Mastiff BC	94.4	-95	97	-105	97	125	130	-135	130	227		257.4317515	
31	M	1041331	M35	96	Willie	Jones	1981	39	Team CT.	93.4	75	80	-86	80	106	112	-117	112	192		218.6709863	246.0048596
39	M	171165		102	Don	Pezzolo	1989	31	Unattached	101	-120	122	127	127	145	150	-155	150	277		306.0980915	
38	M	162873	M35	102	Eric	Brandom	1985	35	Team CT.	101	106	-113	113	113	122	130	-138	130	243		268.7967071	288.1500701
40	M	203454		109	Noah	Ottenstein	1987	33	Team CT.	107	108	114	-120	114	-150	-150	150	150	264		285.6188001	
41	M	1028050		109+	Joey	DiMattia	1992	28	Team CT.	115	80	86	-92	86	105	111	117	117	203		214.9593507	

ALL WOMEN LIFT SUNDAY, NOVEMBER 8

Women Session 1. Weighin 7am-8am, Lift 9 - 10:45am.

5	F	1018300	Y12	45	Abigail	Angier	2008	12	Team CT.	39.3	22	24	-25	24	-27	29	31	31	55		103.6589082	
2	F	1046542	Y12	45	Olivia	Arcari	2007	13	East Hampton Str.	45.5	20	22	-24	22	25	27	-29	27	49		81.16750953	
4	F	1039629	Y11-	45	Ella	Lanzl	2010	10	Iron Trax BC	31.9	19	20	21	21	24	25	26	26	47		109.0855017	
3	F	1046584	Y12	45	Courtney	Klewicki	2007	13	East Hampton Str.	36.5	17	19	21	21	22	24	26	26	47		95.01028864	
1	F	1020271	Y11-	45	Taylor	Dudek	2010	10	East Hampton Str.	37.7	14	15	16	16	20	21	23	23	39		76.30976814	
6	F	1046448	Y12	55	Valencia	Nonez	2007	13	East Hampton Str.													
9	F	1036763		55	Courtney	Bothwell	1990	30	Unattached	54.8	66	68	70	70	86	-88	-89	86	156		223.9238602	
8	F	1035955	Y16	55	Madeline	Greenhaw	2004	16	Unattached	52.9	46	48	51	51	63	66	-70	66	117		172.3172171	
11	F	1052283	Y14	55	Marena	Morales	2006	14	Unattached	48.4	35	40	42	42	50	53	-56	53	95		149.6491911	
10	F	1046448	Y12	55	Payton	Polsonetti	2007	13	East Hampton Str.	54.5	27	29	-31	29	33	35	37	37	66		95.18957867	

Women Session 2. Weighin 7:45am-9am, Lift 10:45 -1pm.

14	F	1007597		59	Alex	Rechen	1993	27	Unattached	57.7	51	54	57	57	62	66	69	69	126		174.6978146	
13	F	1001020	W45	59	Jen	Schaefer	1972	28	Mastiff BC	58.1	45	48	-50	48	59	61	63	63	111		153.0730517	187.6675613
15	F	1046270		59	Erin	Roccapiore	1993	27	Iron Trax BC	57.4	45	47	-50	47	55	58	61	61	108		150.2114833	
16	F	1052511	W35	59	Kristin	O'Hea	1982	38	Viking BC	58.3	43	45	-47	45	61	63	-64	63	108		148.7500476	165.5588029
17	F	1052438	W50	59	Kimberly	Malz	1970	50	Unattached	57	36	38	41	41	55	59	62	62	103		143.9495732	178.9293195
18	F	1017769	W55	59	Jane	Burns	1961	59	Big Pull BC	57.7	30	33	35	35	40	43	-46	43	78		108.1587753	160.0749875
30	F	1036506	W60	71B	Anne	Pinto	1958	62	Mastiff BC	66.9	43	-45	47	47	52	55	58	58	105		132.8169628	207.327279
20	F	1051713	W40	71B	Jennifer	Ellison	1980	40	Team CT.	66	30	32	34	34	38	40	43	43	77		98.22231658	111.5805516
19	F	1045411	Y12	71B	Riley	McCormick	2007	13	East Hampton Str.	67.8	30	32	34	34	40	-43	-43	40	74		92.90550962	

Women Session 3. Weighin 11am-noon, Lift 1-3pm.																					
24	F	1029000	64	Michelle	Yiznitsky	1991	29	Yankee BC	63.2	-70	70	73	73	98	102	-106	102	175	228.9143428		
22	F	1027243	64	Kelsey	Guminiak	1993	27	Mastiff BC	63.9	45	48	-51	48	64	68	70	70	118	153.3928398		
25	F	1015926	W35	64	Sandra	San Emeterio	1981	39	East Hampton Str.	63.2	51	53	-55	53	61	64	-67	64	117	153.1188726	172.2587317
12	F	1052241		64	Allison	Jadeau-Shador	1996	24	Unattached	60.2	43	46	48	48	54	58	62	62	110	148.3804629	
21	F	1052284	Y14	64	Abigail	Slater	2006	14	Yankee BC	61.2	36	-37	37	37	-53	53	54	54	91	121.4648585	
26	F	1009445	W50	64	Lori	Rico	1968	52	Unattached	63	34	36	38	38	-50	50	53	53	91	119.2182873	151.5264431
23	F	1047626	W40	64	Catherine	Colon	1977	43	Big Pull BC	63.9	30	-33	-35	30	-48	-48	48	48	78	101.3478812	118.577021
29	F	1040414		71B	Alexandra	Bakovic	1989	31	New Haven WLC	66.1	40	44	-48	44	55	59	-62	59	103	131.2282176	
31	F	1042660		71B	Kara	Zavaglio	1993	27	Redzone	70.2	39	43	45	45	48	52	56	56	101	124.4813728	
27	F	1045301	W55	71B	Barbara	Kazmierczak	1964	56	New Haven WLC	69.4	35	37	-39	37	48	51	53	53	90	111.5486279	154.3833011
28	F	1051470	W35	71B	Jenny	Rice	1983	37	Cheshire WL	67.4	-34	34	-36	34	42	45	47	47	81	102.0388249	112.2427073
Women Session 4. Weighin 11:45am - 1pm, Lift 3-5:30pm																					
40	F	1030922		71	Carole	Nasrallah	1988	32	Unattached	69.5	72	75	77	77	83	87	90	90	167	206.9202822	
37	F	1006023		71	Michela	Greco	1992	28	Redzone	68.7	71	73	-76	73	90	-92	-95	90	163	203.2893294	
35	F	1032559		71	Alisha	Thresher	1986	34	Nation BC	69.1	-69	69	72	72	86	-90	90	90	162	201.322583	
36	F	1046631		71	Cindy	Rodriguez	1992	28	Iron Trax BC	70.7	63	66	69	69	81	84	86	86	155	190.2884406	
39	F	1039374		71	Marise	Montrose	1989	31	Unattached	71	60	64	68	68	79	-82	83	83	151	184.9782553	
38	F	1046213		71	Angela	De Leon	1989	31	Iron Trax BC	67.4	54	56	60	60	73	77	-81	77	137	172.6416348	
41	F	1037227	W35	71	Melissa	Farrell	1984	36	Unattached	64.8	55	58	61	61	70	73	76	76	137	176.5083213	191.8645452
32	F	1046298	Y16	71	Brenna	Graves	2003	17	Iron Trax BC	69	56	58	61	61	67	71	73	73	134	166.6048218	
33	F	1023094	Y14	71	Emma	Winters	2005	15	Mastiff BC	65.8	52	55	59	59	64	68	-72	68	127	162.2015758	
53	F	1052523		71	Mallory	Kahn	1991	31	Viking BC	69.9	40	43	46	46	54	58	62	62	108	133.3425905	
Women Session 5 Weighin 2:30-3:30pm, Lift 5:30-9pm																					
44	F	1024543		76	Hadley	Santos	1990	30	Yankee BC	74.6	77	81	-85	81	87	91	95	95	176	210.1616374	
34	F	1039220	W35	76	Meira	Hauser	1982	37	Team CT.	73.3	62	65	68	68	78	83	88	88	156	187.9533056	206.7486362
43	F	1021697	W35	76	Aletheia	Stratos	1984	36	East Hampton Str.	75.4	59	61	64	64	76	81	-85	81	145	172.2686544	187.2560273
45	F	1040314		76	Catriona	Hahn	1990	30	New Haven WLC	72.8	-38	38	40	40	48	50	52	52	92	111.2209549	
42	F	1048036		81	Taylor	Fetzer	1996	24	Iron Trax BC	77.8	68	-72	73	73	87	90	-93	90	163	190.8698603	
47	F	1026313		81	Zoey	Utko	1992	28	Team CT.	79	67	-72	-75	67	80	-84	85	85	152	176.7442509	
46	F	1047828		81	Lala	Forrest	1993	27	Team CT.	78.2	58	-62	63	63	69	73	-77	73	136	158.8671748	
49	F	1051552	W35	81	Jacqui	Foumier	1983	37	Viking BC	78.2	49	52	55	55	68	71	73	73	128	149.4693224	164.4162547
50	F	1012634	W40	81	Missy	Jorczak	1978	42	Team CT.	79.6	52	56	-60	56	62	67	-71	67	123	142.5203365	165.0385496
51	F	1047259		87	Trista	Kieley	1991	29	Team CT.	86.7	48	51	-53	51	-61	63	-66	63	114	127.460733	
52	F	1043479		87+	Megan	Kudrick	1992	28	Nation BC	89.9	-75	-75	75	75	90	95	-100	95	170	187.4819127	

REFEREES _____

MEET DIRECTOR Gary Valentine, M.A.

DATE _____

