



USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

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SCORESHEET

Competition: TriMountain Open Weightlifting Championships

Location: (city, state) Durham, CT.

Date: 2013 April 28, 2013

Group: NELWC

Sanction #: 02-13-05

Lot No.	Gndr	Member ID	Div	Wt Class	Name	Year of Birth	Age	Team	Body Wt	Snatch			Best Sna	Clean & Jerk			Best C&J	Total	Place	Sinclair	Age Sinclair
										1	2	3		1	2	3					
1	F	181500		48	Lynnette Olmeda	1984	29	Unattached	47.6	43	45	50x	45	57	61	66	66	111	1	183.3	
2	F	180994	M	53	Gail McKenzie	1966	47	Northern Power	52.3	25	27	29x	27	34	36	38	38	65	1	99.1048	120.611
3	F	180950	M	53	Elaine Audy	1957	56	Northern Power	49.3	20	22	24	24	32	34x	34	34	58	2	92.8969	128.569
4	F	177546	J	58	Brittanie Masticola	1994	19	BFS	56.9	44	46	47	47	59	61	62	62	109	1	155.641	
5	F	152034	M	58	Stephanie Baker	1969	44	RWL	57.7	43	46	50	50	53	56	58	58	108	2	152.629	180.56
6	F	171642		58	Kledia Spiro	1987	26	RWL	57.4	28	31	34x	31	41	44	46	46	77	3	109.237	
7	F	161812		63	Kathleen O'Neill	1989	24	RWL	62.9	70x	70x	70x	x	x	x	x	x	0		0	
8	F	154665	M	63	Jennifer Johnson	1976	37	Boston WLC	62.1	55	58	62x	58	65	68	71x	68	126	1	169.069	185.976
9	F	180302		63	Jamie Pica	1981	32	Rumbler	59.7	38	41	42	42	52	55	57x	55	97	2	133.757	
10	F	177659		69	Heidi Tillotson	1984	29	Rumbler	67.7	51x	51	55x	51	66	70x	72x	66	117	1	148.51	
11	F	175517		69	Mina Valego	1979	34	Pioneer Valley	68.1	50	55x	57x	50	60	65x	65	65	115	2	145.45	
12	F	180370	J	69	Nicole Salmela	1996	17	Unattached	68.7	44	47x	48	48	63	66	69x	66	114	3	143.426	
14	F	171610		75	Jeanee Gonet	1987	26	Northshore CF	73.1	63	66	69	69	75	78	81	81	150	1	182.112	
15	F	177710		75	Laura Blouin	1986	27	Rumbler	69.8	46	50x	50x	46	55	58	61x	58	104	2	129.62	
16	F	165399		75+	Carly Mauch	1987	26	RWL	81.2	74x	74	79	79	104	108	112	112	191	1	219.813	
13	F	183199	M	75+	Brenda Glidden	1972	41	Unattached	80.1	45	50	57x	50	61	66	71	71	121	2	140.155	160.758
17	F	175233		75+	Katherine Goodrich	1984	29	Team CT.	82.1	48x	48	53x	48	68x	68	74x	68	116	3	132.818	
18	F	180688		75+	Caitlin Chappell	1986	27	RWL	78	32	35x	35	35	42	45	48	48	83		97.3965	
19	F	180680		75+	Mackenzie Roy	1990	23	Rumbler	80.3	63x	65x	65x	x	83x	83	85x	83	0		0	

Men Session 1																				
3	M	176805		69	Timothy (TJ) Blair	1990	23	Live Free Wl.	69	93	100	105x	100	115	120	125x	120	220	1	295.957
	M	177485		69	Yosh Stoklosa	1985	28	Team CT.	66.4	87x	87	92	92	115	118v	122x	115	207	2	285.541
4	M	157186		77	Brian Degennaro	1990	23	Unattached	75.5	105	112x	112	112	138	145	x	145	257	1	327.296
5	M	150747		77	Michael Basciano	1988	25	Inst. Hvy Training	75.8	110x	110x	110	110	133	141x	143	143	253	2	321.467
6	M	152659		77	David Almeida	1987	26	Unattached	73.8	100	105	107	107	131	135	137	137	244	3	314.911
2	M	168692		77	Dan Casey	1983	30	Inst. Hvy Training	75.4	95	101x	102x	95	110	115	120x	115	210		267.645
7	M	172618		77	Jared Mello	1992	21	RWL	75.6	74	78	82	82	104	108x	111	111	193		245.603
9	M	160408		77	Richard Baines	1986	27	Team CT.	75.1	70	74x	76	76	95	100	105x	100	176		224.832
10	M	171520		77	Daniel Scarnecchia	1982	31	Unattached	75.3	65	70	75x	70	90	95	98	98	168		214.281
8	M	144141	M	77	Peter Nathan	1952	61	ECG	76.2	65	67	69	69	92x	94	97	97	166		210.287
11	M	182800		77	Joseph Bruno	1990	23	RWL	76.3	55	58	60	60	90	95	98	98	158		200.003
12	M	181261		77	Gregory Herman	1981	32	Raw SportsPerf.	75.4	57	62x	62x	57	75	82	86	86	143		182.254
13	M	180785		85	Nathan Pagan	1989	24	Unattached	78.2	103x	103x	103	103	133	138x	140x	133	236	1	294.639
14	M	167358		85	Kevin O'Fallon	1979	34	Pioneer Valley	81.3	96x	96	102x	96	121	127	130x	127	223	2	272.625
16	M	182728		85	Brian Cusano	1988	25	Central CT. Barbell	79.3	86x	86	93	93	111	116	123	123	216	3	267.611
15	M	154926		85	Mark DiSanto	1988	25	Team CT.	81.4	90	95	100x	95	115	118x	120	120	215		262.675
17	M	162126		85	Brett Valego	1979	34	Pioneer Valley	82.3	70	75	80x	75	88	93	96	96	171		207.723

Men Session 2

6	M	155408		94	Thomas Sullivan	1986	27	Team CT.	87.6	116x	116	126x	116	145	152	160x	152	268	1	315.619
3	M	183318		94	Tim Roesch	1989	24	Unattached	92.8	98	102	108x	102	120	125	130	130	232	2	266.144
5	M	171964		94	Mael Walkowiak	1988	25	Unattached	92.2	94x	94	101	101	126x	126	131x	126	227	3	261.148
1	M	182738		94	Patrick Waszczak	1989	24	Team CT.	88.8	93x	93	100x	93	106	111	120x	111	204		238.715
4	M	164985		94	Dennis Vaisberg	1981	32	LBH	91.8	72	77	82	82	97	103	108	108	190		219.002
7	M	159077		94	Stephen Zito	1986	27	Team CT.	85.6	115x	115x	115x	x	x	x	x	0	0		0
2	M	182355	M	94	Eric Jan	1975	38	Team CT.	88.8	80x	85x	85x	x	103	108	113x	108	0		0
14	M	176931		105	Kenly Pena	1988	25	Unattached	103.8	125	130x	130x	125	150	155x	155	155	280	1	307.249
13	M	168508		105	Bart Smarkucki	1988	25	SHU	95	112x	115	118x	115	145	150x	150x	145	260	2	295.295
10	M	178374		105	Gunnar Mattson	1992	21	Rumbler	94.8	107	112x	112	112	125	130	135	135	247	3	280.778
9	M	167353		105	Derek Pontier	1990	23	RWL	102.5	100	105x	110x	100	140x	140	146x	140	240		264.562
12	M	177166		105	Andrew Romeo	1985	28	Team CT.	95.5	108x	108x	108	108	125	130	135x	130	238		269.717
11	M	178042	M	105	Paul Newt	1971	42	Live Free Wl.	104.1	85	90	95x	90	100	110x	110	110	200		219.238
15	M	110198	M	105+	Joe Senate	1972	41	Unattached	121.4	92	100	110x	100	120	130	137	137	237	1	247.974
8	M	172902		105+	Nicholas Saccente	1992	21	Team CT.	105.6	115x	115x	115x	x	135x	136x	x	0	0		0

REFEREES Jim Fitzgibbon, Karen Jorgenson, Greg Laxer, Gary Valentine, Andrew Romeo

MEET DIRECTOR Gary Valentine, M.A., USAW II

Joe Bruno, Stephanie Baker. **ANNOUNCER - Denis Reno**

LOADERS Derek Pontier, Steph Bassham, Kathryn Goodrich, Mark DiSanto, Rich Baines, Derek Goff.

DATE

WEIGHINS Deb Valentine, Joe Ridarelli **TIMEKEEPER** Greg Laxer