



# USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

## SCORESHEET

1 Olympic Plaza  
Colorado Springs, CO 80909  
(719) 866-4508  
Fax (719) 866-4741

Competition: Crossfit Norwalk Open

Location: (city, state) Norwalk, CT.

2014		Date: 9/28/2014		Group: CTLWC		Sanction #: 2-14-21															
Lot No.	Gnd	Member ID	Div	Wt Class	Name (Please print legibly)	Year of Birth	Age	Team	Body Wt	Snatch			Best	Clean & Jerk			Best C&J	Total	Place	Sinclair	Age Sinclair
										1	2	3	Sna	1	2	3	C&J				
3	F	187024	M	48	Riky Jakobsohn	1976	38	Team CT.	47.57	36x	38	41	41	50	52	54x	52	93		153.66	171.03
1	F	199034		58	Lisa Maas	1991	23	BFS	57.86	41	43	44	44	51	53	55x	53	97		136.81	
2	F	195100	J	63	Alexa Duffy	1994	20	SHU	58.94	35	40	43	43	45	50	55x	50	93		129.42	
4	F	134457		75+	Sarah White	1987	27	BFS	108.66	69x	69	72x	69	87	92	95x	92	161		167.11	
5	F	202249		75+	Vanessa White	1987	27	BFS	93.03	51	53	55	55	72	74	77	77	132		143.58	
6	F	195323	M	75+	Vivian Dawson	1967	47	TeamCT	114.51	50x	52x	52	52	70	78	81x	78	130		133.38	162.33
2	M	202400	J	62	Zach Chilleli	1995	19	SHU	59.31	55	60	65x	60	70	75	80	80	140		209.13	
1	M	202576	J	62	Adyel Duran	1995	19	SHU	59.19	42	47	54x	47	60	65	70	70	117		175.03	
5	M	201316		69	Earl Lee	1993	21	Un	68.71	70x	70x	70	70	85x	85	87	87	157		211.78	
4	M	140391	M	77	Jon Cioffi	1973	41	Un	75.27	70	74	78	78	85	90	95x	90	168		214.33	245.84
10	M	189846	J	85	John Varsam	1994	20	SHU	81.85	90	95	100x	95	115	120	126x	120	215		261.92	
7	M	202581	M	85	Ireneusz Dabrowski	1971	43	Yankee CF	80.41	80	85	87	87	120	125	130x	125	212		260.69	305.01
8	M	182495		94	Michael Edelen	1984	30	Team CT.	92.96	81	84	87	87	96	100x	100	100	187		214.36	
3	M	193187		94	Phillip Carr	1983	31	Team CT.	91.14	67	71x	71x	67	100	105x	106	106	173		200.05	
11	M	201857		94	Karol Kostrzewski	1981	33	Team CT.	86.04	90x	90x	90x	0	x	x	x	0	0		0	
9	M	195328	M	105	Joel Quintong	1979	35	SHU	95.76	91	101	105	105	121	128	135x	128	233		263.75	282.74
12	M	202434		105	Chris Lesmes	1982	32	Team CT.	98.04	95	100	105	105	120	125	130x	125	230		257.88	
13	M	197431	J	105+	Luis Diaz	1995	19	Team CT.	110.84	98	104x	105x	98	135	140x	140	140	238		255.48	
6	M	189299	J	105+	Shaun Sullivan	1994	20	SHU	133.53	80	85	90x	85	110	115	120x	115	200		204.98	

REFEREES Bob Sweeney, Jim Fitgibbons, JulieMiller. Timekeeper Greg Laxer.

MEET DIRECTOR Gary Valentine, M.A., USAW II

Announcer Gary Valentine. Scorekeepers Deb Valentine, Dena Valentine

Loaders Brian Swedrock, Danielle Colosimo

Weighins Deb Valentine, Dena Valentine, Joe Ridarelli

DATE Sep 28 2014